

# 2009 Training Schedule

## ICAADA Central Indiana Regional Chapter (CIRC)

**January 16, 2009**

**“The Pearls of Treatment for Opioid Dependence,”** Paul Ryan Moe, M.D., Board Certified in Psychiatry and Addiction Medicine, Medical Director, Midtown Narcotic Treatment Program; President, Mosaic Recovery; and Medical Staff, Wishard Psychiatric Emergency Room, Indianapolis. This workshop will provide an introduction to the treatment of opioid dependence, with an emphasis on both policy and clinical considerations. Opportunity will be provided throughout the workshop for attendee participation in an open discussion format to address common misperceptions and misunderstandings about this important mode of treatment.

**March 20, 2009**

**“Intimacy Issues in Addiction and Recovery,”** Pat Sheehan, RN, DNS, Body and Spirit Studio, Indianapolis. This workshop will explore the impact of addiction on intimate relationships and present methods that therapists can use to guide clients in becoming more intimate with themselves and their partners as they learn how to develop an intimacy recovery plan.

**May 15, 2009**

**“Ethics for the Addiction Counselor,”** Kay Mattingly-Langlois, LCSW, LMFT, MAC, NCAC II, ICAC II, Center for Creative Change, Inc., Indianapolis. This workshop will provide an overview of professional and moral responsibilities of the counselor, expand participants’ self-awareness and understanding of how the counselor’s behavior affects the counseling relationship, and present information to improve skill and knowledge in both areas.

**July 17, 2009**

**“Women’s Relationship to Food Over the Lifespan,”** Sharon Aulds-Stier, RN, MSW, CADAC, and Janice Sparrow, RD, MA. Food addiction is a challenging issue that sometimes emerges as women are recovering from alcohol and drug addiction. This workshop will explore the differences between men’s and women’s relationship to food and specifically, how genetics, female hormones, moods and attitudes affect what women choose to eat and how what we eat affects the production and function of female hormones.

**September 18, 2009**

**“Creating Possibility through Forgiveness,”** Ruth Rader, LCSW, Integrative Health Resources, Indianapolis. This experiential workshop will provide a framework for counselors to incorporate forgiveness work into their counseling repertoire. This workshop will define forgiveness and present the changes in belief systems that make forgiveness possible, as well as the therapeutic benefits for the individual who chooses to release themselves from the negative bonds of non-forgiveness.

**November 20, 2009**

**“Hypnosis: Is It for Real?,”** Jere Parker, M.A., L.C.S.W., CHt., NCAC II, CADAC IV, ICAC II, ICAADC, Director, Alpha Resources, Inc., and Alpha Resources Solutions, Inc., Indianapolis. This workshop will give a history of hypnosis and identify common misconceptions about its use. Participants will learn how hypnotherapy is used in the medical field, including treatment of addiction, how hypnotherapy differs from stage hypnosis, and participate in demonstrations of the technique.



### 2009 Registration Form

Indianapolis Workshops [ICAADA Central Indiana Regional Chapter (CIRC)]

☐ **Friday, January 16**  
“The Pearls of Treatment for Opioid Dependence”

☐ **Friday, July 17**  
“Women’s Relationship to Food Over the Lifespan”

☐ **Friday, March 20**  
“Intimacy Issues in Addiction and Recovery”

☐ **Friday, September 18**  
“Creating Possibility through Forgiveness”

☐ **Friday, May 15**  
“Ethics for the Addiction Counselor”



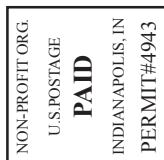
Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Address \_\_\_\_\_  
Phone(\_\_\_\_) \_\_\_\_\_ Fax \_\_\_\_\_ email \_\_\_\_\_

\_\_\_\_ Number of Workshops X \$30= \$ \_\_\_\_\_ (Pre-registration only)

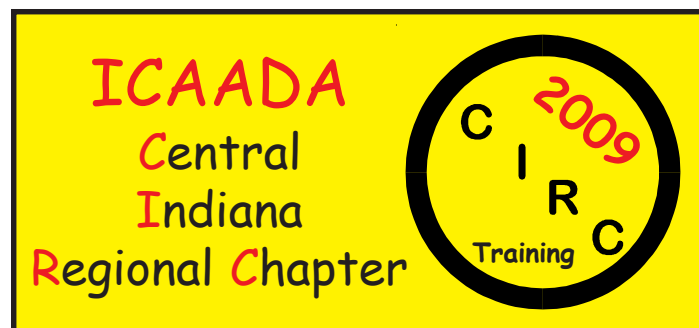
\_\_\_\_ Number of Workshops X \$40= \$ \_\_\_\_\_ (Paid day of workshop)

Make checks payable to CIRC. Mail to: P.O Box 441275, Indianapolis, IN 46244

ICAADA  
Central Indiana Regional Chapter  
PO Box 441275  
Indianapolis, Indiana 46244



Each Workshop  
ICAADA-Approved  
for CEU's



**The Central Indiana Regional Chapter (CIRC)** is an independent, non-profit chapter of the Indiana Counselors Association on Alcohol and Drug Abuse, Inc. (ICAADA), established in the 1990's and made up of individuals dedicated to addressing the treatment needs of persons with alcohol and/or other drug use and/or mental health disorders. As a chapter of ICAADA, CIRC participation provides substance abuse and mental health practitioners the opportunity to be represented on the ICAADA board of directors and to have their voices heard at the State level. In the past ten years, CIRC has focused on providing low-cost, high-quality workshops to help keep front-line clinical staff abreast of the most effective addictions treatment modalities for not only individuals with addictions, but individuals with co-occurring mental health and substance use disorders as well.

CIRC charges no membership fees and holds business meetings as needed to coincide with CIRC workshops. CIRC business meetings provide updates on ICAADA activities and opportunities to participate in planning the CIRC training curriculum, which depends on the involvement of CIRC members. As manpower allows, CIRC takes on other efforts in support of Indiana addiction and mental health counselor interests.

**CIRC Workshops.** In 2009, CIRC continues to offer bi-monthly workshops, each approved by ICAADA for five continuing education units (CEUs). All CEUs are valid not only for ICAADA certification and recertification, but also for Indiana Professional Licensing Agency licenses for social workers, marriage and family therapists and mental health counselors. ICAADA additionally approves up to a one-hour

CEU for the CIRC business meeting, up to a bi-annual limit set by ICAADA.

2009 workshops and meetings are being held in Room B 29 in the basement of the Christian Theological Seminary Chapel Building, 1000 W. 42<sup>nd</sup> Street, Indianapolis, on the northwest corner of N. Haughey Avenue and W. 42<sup>nd</sup> Street. Ample parking is available immediately in front of the Chapel building, whose entrance is the first driveway north of W. 42<sup>nd</sup> Street on the west side of Haughey Avenue. CIRC Training's 2009 location is only one long block east of the 2008 location.

Registration for all workshops begins at 8:30 a.m., and workshops are from 9 a.m. until 3 p.m. The registration fee includes coffee and donuts in the morning and a catered lunch, with coffee and water available throughout the day as supplies last. The pre-registration fee is \$30 if payment is received ten days prior to the workshop, and the at-the-door registration fee is \$40. Registration is per-workshop and not transferable to another workshop except under special pre-approved conditions. On-site registration is generally available the morning of the workshop, as space allows. Documentation of CEUs is provided to all participants who attend the full workshop.

**Mail pre-registration checks payable to CIRC to arrive ten days in advance of workshop date to:**

**CIRC, P.O. Box 441275,  
Indianapolis, IN 46244.**

**For more information, leave messages with:**

**Louise Polansky,  
317-730-2039 or 317-257-7540,  
or Dr. Bonita Stone, 317-590-4046.**

**Please include e-mail address.**